Savory.

The great Brit (df)(e)29.40 I two eggs your way, applewood smoked bacon, grilled sausage, stewed tomato, sautéed mushrooms, house made baked beans, toast | **Avocado bake** (e) 21.65 | smoked ham, crushed avocado, egg, sour cream, onion, melted cheese toast | 16.50 Egg sandwich (e) two eggs your way, applewood smoked bacon, aged farmhouse cheddar l **Avocado crush** (v) (df) | avocado, toast, olive oil, onion, cherry tomatoes, sprouts | +2 organic eggs 6.45 Eggs Benedict (gf) (e) l three eggs, prosciutto, potato roesti, hollandaise sauce, watercress, garden greens l Two eggs your way (df)(e)17.30 | ham, sausage or bacon, choice of toast | **Huevos rancheros** (gf) (e) 20.35 legg, tomato sauce, guacamole, sour cream, black beans, salsa, cotija, cilantro, tortilla chips | | Cajun shrimp and grits (df)(gf)(sh)25.22 I two eggs your way, grilled cajun shrimp, house made grits, sauteed greens, crispy bacon jam | Mushroom goat cheese frittata (gf)(e)(n)(v)17.55 l egg, arugula, red pepper, mushroom, goat cheese, almond, tomato, hollandaise l Scrambled tofu (v)

l tofu, red pepper, onion, potato, mushroom, jalapeño, fennel seeds, your choice of toast l

Three egg omelettes.

Ham and cheese $(gf)(e)$ white farmhouse cheddar, grilled vegetables	19.10
Goat cheese and greens (gf) (e) caramelised onions	19.10
$ \begin{tabular}{ll} \textbf{Mushroom and cheddar} & (gf) (e) \\ \textit{roasted mushrooms, caramelised onions, white farmhouse cheddar} \end{tabular} $	19.10
Western (gf) (e) scallions, bell peppers, ham, thyme, mushrooms, Swiss cheese	20.10
Taj mahal $(df)(gf)(e)$ curry omelet, coriander, lemon grass, lime	19.10
Portuguese (df) (e)	20.10
chorizo onion, chopped kale, crushed pepper sauce	

Our home bakery.

We offer a variety of sourdough breads with 100% organic artisanal flour.

•	Pumpkin focaccia
•	Multigrain

Ciabatta roll

- Gluten-free focaccia
- Gluten-free bread
- Whole wheat bread
- Pumpernickel rye
- Paleo bread (1.55)
- White bread
- Raisin bread

Sweet.

Fresh fruit and granola bowl (v) (n) 17.30 I baked granola, grated coconut, dried cranberries, oats, flaxseeds, sunflower seeds, mixed nuts, greek yogurt | **Banana bread french toast** (v) (e) 18.80

Coconut French Toast 18.10

| caramelised banana bread, whipped cream, vanilla mascarpone, fresh fruit |

| croissant, whipped cream, strawberries, vanilla honey | Crêpes (v) (e)

17.55 | cinnamon, brown sugar, vanilla mascarpone, fresh fruit |

Pancakes with fresh fruit 18.80 | classic pancakes (v) | or | vegan banana pancakes (df) (gf) (v) (n) |

Add one topping: charred banana and sour cream, nutella and strawberries, apple and cinnamon

Plain croissant, chocolate croissant (e) (v) 3.00 **Almond croissant** (e) (v) 4.90 **Nutella croissant** (e) (v) 6.50 **Banana bread** (e) (v) 4.05 Gluten-free brownie (gf)(n)(e)(v)5.75 Gluten-free carrot cake (gf)(n)(e)(v)5.20 Gluten-free cookie: chocolate chip/peanut butter (gf) (n) (e) (v) 2.30 Amaretti cookie (gf)(n)(e)(v)**Triple chocolate muffin** (e) (v) 5.85 **Apple crumble muffin, blueberry muffin** (e) (v) 4.85 **Peanut butter and cranberry protein bar** (gf)(n)3.50 **Vegan chocolate cake** (df)(n)5.85

Signature dishes.

Warm keto breakfast salad (gf) (e) (n) 25.50 I broccoli, cauliflower, bacon, asparagus, kale, mushroom, red onion, parmesan, kelp noodles, toasted almonds, sun dried tomato, hollandaise, your choice of eggs |

Breakfast burrito (v) (e) 19.85 scrambled eggs, black beans, corn, tomato, cilantro, avocado, red onions, cheddar, soft flour tortilla, chipotle mayo

Steak and eggs (gf)(df)(e)26.80 l 6oz marinated flank steak, garlic roasted potatoes, eggs your way, chimichurri sauce, vanilla roasted cherry tomatoes |

Breakfast salad bowl (v) (e) 23.45 I chopped kale, quinoa, olives, tomato, cucumber, spring onions, mint, pecorino, poached eggs, honey lemon dressing

Classic sides.

Natural pork sausage $(df)(p)$	8.50
Smoked ham/ bacon/ turkey bacon $(df)(p)$	8.25
Two organic eggs your way $(gf)(df)(p)$	6.45
Guacamole $(gf)(df)(v)(p)$	7.75
Hand cut fries $(gf)(df)(v)$	10.05
Order of toast with butter and jam (v)	5.45
Smoked salmon $(gf)(df)(p)$	10.85
Roesti potato $(gf)(df)(v)$	7.25
Sautéed greens/ sautéed mushrooms $(gf)(df)(v)$	7.25

The grind.

Brewed coffee	houseblend		4.65
Espresso	<i>singl</i> e 4.65	double	6.45
Macchiato	<i>singl</i> e	double	7.00
Americano			7.15
Cappuccino			7.50
Caffè latte			7.50
Flat white			7.25
Caffè mocha			9.05
Mint mocha			9.05
Chai latte			7.50
Green tea latte			8.25
London fog			6.45
Hot chocolate			7.50
Extra espresso s	shot		2.35

Iced coffee.

Iced espresso	6.45
Iced latte	7.50
Iced mocha	9.05
Iced mint mocha	9.05
Iced chai latte	7.50
Iced green tea latte	8.25

Cold brew.

Cold brew coffee

Add cream

Lavender latte

| steeped for 24 hours, bold, sweet, low bitterness | | over ice | 9.05 | with milk | 9.80

Cold brew nitro coffee		9.30
	with milk	9.80
• Milk options	fresh, skim, half & half,	0.90
almond, soy, oatm	ilk, lactose free	

Assorted tea.

Wellness latte.

Charcoal Oreo latte	2 5N
Beetroot latte beetroot power, oat milk, vanilla extract, maple syrup, cinnamon	7.50
espresso, oat milk, homemade lavender syrup	

Charcoal Oreo latte 8.50 | active charcoal, oat milk, vanilla extract, maple syrup |

Golden latte (gf) 8.25 | homemade turmeric paste, honey, your choice of milk |

Simple juice.

Red | beets, red apple, lemon |
Orange | orange, pear, apple |

Green | pear or apple, cucumber, spinach |

Freshly squeezed | orange juice |

Signature juice.

9oz | 14.20

9oz | 14.20

Island goddess | pineapple, pear, zucchini, ginger, spinach, lemon |

Green apple | apple, cucumber, celery, pineapple, ginger, spinach, lemon |

Volcano | apple, beet, zucchini, lemon, ginger |

Calypso | cantaloupe, apple, ginger, orange, turmeric |

Flu fighter | Spinach, orange, cucumber, ginger, lemon |

Power shots.

2oz | 7.25

Roots man | ginger, lemon, lime |

Roots woman | lemon, honey, ginger, cayenne |

Protein shakes.

16oz | 17.30

Greek strawberry banana | greek yogurt, banana, gf oats, strawberries, honey, milk, protein |

Alkalinity bliss | mango, avocado, spinach, coconut water, almond milk, chia seeds, protein |

Tuff gong | banana, blueberries, strawberries, almond milk, spirulina, protein |

Avo colada | avocado, pineapple, lime, coconut purée, unsweetened coconut water, protein |

Drive you nuts | almonds, walnuts, almond milk, banana, nut butter, protein |

•	Protein pea, whey add extra	2.60
•	Nut butter peanut, almond	2.10
•	Golden paste	2.10

Frappuccino.

1.55

5.45

7.50

Dark chocolate mocha	12.90
Mint mocha	12.90
French vanilla	2.90
Caramel	12.90
Pistachio chai	12.90
Green tea	12.90

• Add flavor | caramel, white chocolate, 1.55 hazelnut, peppermint, chocolate, pistachio, coconut, vanilla, salted caramel, sugar-free hazelnut/vanilla |

Super smoothies.

16oz | 20.10

Beet the blues | beets, blueberries, raspberries, ginger, honey, nut butter, almond milk |

Natural buzz | banana, peach, guarana, nut butter, chia seeds, almond milk |

Herbalist | mango, carrots, cucumber, hemp seeds, orange juice, passionfruit |

No brainer | raspberries, strawberries, matcha green tea, chia seeds, soy milk, honey |

Cinnamon lover | banana, peach, cinnamon, ginger, chia seeds, hemp seeds, almond milk |

Turmeric booster | raspberries, banana, golden paste, nut butter, vanilla, unsweetened coconut water |

Green smoothies.

16oz | 18.30

Nutrifit | banana, peach, spinach, nut butter, almond milk or unsweetened coconut water |

The super green | kale, mango, celery, unsweetened coconut water, mint |

Juicy greens | apple juice, spinach, celery, cucumber, lime, pineapple, avocado, ice |

Popeye blast | açaí, strawberries, pineapple, blueberries, bananas, spinach, apple juice |

Make your own.

12oz | 10.30 *16oz* | 14.95

Fruit or veggie | apple (green or red), banana, blueberry, cantaloupe, celery, ginger, lemon, lime, mango, orange, peach, pear, pineapple, raspberry, beets, strawberry, passion fruit, zucchini |

Mixers | almond milk, fresh milk, skim milk, soy milk, lactose free milk, unsweetened coconut water, water

Nuts almonds, cashews, walnuts	2.10
Seeds chia, hemp	2.35
Protein pea, whey add extra	2.60
Nut butter peanut, almond, golden paste	2.10
Other oats, cucumber, kale, spinach	1.30
Avocado	2.60
Supplements spirulina, guarana,	2.85
collagen, aloe, MCT oil	
	Seeds chia, hemp Protein pea, whey add extra Nut butter peanut, almond, golden paste Other oats, cucumber, kale, spinach Avocado Supplements spirulina, guarana,

Devil's proof.

Coffee 9.80 | coffee, MCT oil (C8), grass fed butter, cacao |

Matcha 9.80 | matcha green tea, MCT oil (C8), grass fed butter |

18% gratuities will be added to the menu price listed.
A minimun spend of \$30 for AMEX cards is required.

DEVIL'S ISLE



